

Norms & Schedule for the Physical Fitness Test (PFT) for the admission in B.Sc. in Health & Physical Education affiliated college of CCS University, Meerut

Physical Fitness test items and minimum qualifying standard for all the candidates of B.Sc. in Health & Physical Education for the session 2023-24.

- 1) 50 Meter Run-----8.00 sec for Men and 9.00 sec for Women
- 2) Standing Broad Jump-----1.65 Meter for Men and 1.15 Meter for Women
- 3) 1000 Meter Run-----5.00 Min for Men and 6.00 Min for Women
- 4) सभी अभ्यर्थी शारीरिक दक्षता हेतु अपनी प्लेयिंग किट अपने साथ लायेंगे।
- 5) अपने अभ्यर्थी तिथि व समय का विशेष ध्यान रखेंगे।
- 6) सभी अभ्यर्थी डॉक्टर का फिटनेस प्रमाण पत्र साथ लायेंगे।
- 7) सभी अभ्यर्थी अपने ऑन लाईन रजिस्ट्रेशन फार्म की प्रति साथ लायेंगे।
- 8) सभी अभ्यर्थी अपने प्रमाण पत्र की प्रमाणित छायाप्रति प्रति साथ लायेंगे।

Schedule for the Physical Fitness Test for B.Sc. in Health & Physical Education and BPES

S.No.	Candidates	Dates & Time	Venue
1	Physical Fitness Test for all BScPE candidates names alphabet A—to --M	18--09-2023 at 8.00 am onwards	University Sports Ground
2	Physical Fitness Test for all BScPE candidates names alphabet N—to --Z and all leftover candidates	19-09-2023 at 8.00 am onwards	University Sports Ground

Physical Fitness only qualifying test. The candidate must appear in all the three items; however he/she is required to qualify in two events out of three.

Submitted for approval

(G.S.Ruhal)
Sports Officer
CCS University, Meerut