

Norms & Schedule for the Physical Fitness Test for the admission in B.P.E.S. in affiliated colleges of CCS University, Meerut

आवश्यक निर्देश

1. सभी अभ्यर्थी शारीरिक दक्षता परीक्षण/ फिजीकल फिटनेस टेस्ट हेतु अपनी प्लेयिंग किट में होंगे।
2. सभी अभ्यर्थी डॉक्टर का फिटनेस प्रमाण पत्र साथ लायेंगे।
3. सभी अभ्यर्थी अपने ऑन लाईन रजिस्ट्रेशन फार्म की प्रति साथ लायेंगे।
4. सभी अभ्यर्थी अपनी 10वी व 12वी कक्षा की अंकसूची की स्वप्रमाणित छायाप्रति साथ लायेंगे।
5. सभी अभ्यर्थी अपने पासपोर्ट साईज की दो फोटो व कोई आई डी/पहचान पत्र साथ लायेंगे।

Physical Fitness test items and minimum qualifying standard for all the candidates

- 1) 50 Meter Run-----8.00 sec for Men and 9.00 sec for Women
- 2) Standing Broad Jump-----1.65 Meter for Men and 1.15 Meter for Women
- 3) 1000 Meter Run-----5.00 Min for Men and 6.00 Min for Women

S.No.	Day	Candidates for the College	Date	Time	Venue
1	One	1- CCS UNIVERSITY CAMPUS, MEERUT 2- GYAN BHARTI INST. OF MANAGEMENT STUDIES, JEWRI, MEERUT 3- R V HIGHER EDU. AND TECH. INSTT. CHITHERA, DADRI(G.B.) 4- R.K. COLLEGE KITHORE, MEERUT 5- SAVITA DEVI MAHAVIDYALA DELHI-MEERUT ROAD, MOHIUDDINPUR MEERUT,	11-09-2023	8.00 am onwards	University Sports Complex
2	Two	7- H L M COLLEGE BASANTPUR SAINTHLI GHAZIABAD 8- J.S.M. ACADEMY MEERUT 9- RUDRA INST OF TECH, NH-119, MAWANA KHURD, MEERUT	12-09-2023	8.00 am onwards	University Sports Complex
3	Three	10- JANHIT INSTITUTE OF EDUCATION MATIYALA, GHAZIABAD 11- MEERUT COLLEGE, MEERUT 12- SRI GOPI CHAND MAHAVIDYALAYA AHERA (BAGHPAT 11- M.I.T. BUSINESS SCHOOL POHALI SHARDHANA ROAD MEERUT	13-09-2023	8.00 am onwards	University Sports Complex
4	Four	12- N.A.S. COLLEGE MEERUT 13- RUDRA INSTITUTE OF TECHNOLOGY, RASULABAD, NANPUR, GZB. 14- SHANTI NIKETAN GROUP OF INSTITUTIONAL, EKLA MOHIUDDINPUR, MEERUT	14-09-2023	8.00 am onwards	University Sports Complex
5	Five	15-NOIDA COLLEGE OF PHYSICAL EDUCATION, DHOOM MANIKPUR, DADRI, (G.B. NAGAR)	15-09-2023	8.00 am onwards	University Sports Complex
6	Six	16- VINAYAK VIDYAPEETH, NH-58, PAWLIKHAS, MODIPURAM, MEERUT 17-M.S.B. EDU MAHAVIDHALYA, VILLAGE-BHARALA, PANWADI, N.H.-58, MODIPURAM, MRT 18- DRON COLLEGE OF EDUCATION, BARNAVA ROAD SARDHANA, MEERUT 19- BALAJI COLLEGE OF MGMT AND TECHNOLOGY,KILA PARICHATI GARH, MEERUT 20- ALL LEFT OVER CANDIDATES	16-09-2023	8.00 am onwards	University Sports Complex

Physical Fitness is qualifying only. The candidate must appear in all the three items, however he/she is required to qualify in two events out of three.
The List of qualified candidates will be submitted to the Hon'ble Vice Chancellor for his kind approval.

(G.S.Ruhal)
Sports Officer