

**Schedule for the Physical Fitness Test for the admission in B.Sc. in Health & Physical Education
affiliated college of CCS University, Meerut**

As per the telephonic direction by Coordinator admissions and DSW, CCS University, Meerut the following Schedule for PFT proposed.

Physical Fitness test items and minimum qualifying standard for all the candidates of B.Sc. in Health & Physical Education for the session 2022-23.

- 1) 50 Meter Run-----8.00 sec for Men and 9.00 sec for Women
- 2) Standing Broad Jump----1.65 Meter for Men and 1.15 Meter for Women
- 3) 1000 Meter Run-----5.00 Min for Men and 6.00 Min for Women
- 4) I Hkh vH; Fkhz 'kkjhfd n(krk grq vi uh lyf; æ fdV vi us l kFk yk; xA
- 5) vi us vH; Fkhz frFFk o l e; dk fo'ksk /; ku j [ksxA
- 6) I Hkh vH; Fkhz MkDVj dk fQVus k iæk.k i = l kFk yk; xA
- 7) I Hkh vH; Fkhz vi us vku ykbL jftV's ku Qkel dh ifr l kFk yk; xA
- 8) I Hkh vH; Fkhz vi us iæk.k i = dh iækf.kr Nk; ki fr ifr l kFk yk; xA
- 9) I Hkh f[kykMh dkfoM&19 dh Hkkjr ljdkj o mRrj insk jkT; ljdkj jkjk l e; &l e; ij nh xbz xkbM+ykbL dk vuq kyu i w k l ko/kuh l s djxA vuq kyu u djus vFkok fd l h Hkh y{k.k ds ik; s tkus ij fd l h Hkh l e; vH; Fkhz dks VLV l s ckj fd; k tk l drk gA

Schedule for the Physical Fitness Test for B.Sc. in Health & Physical Education and BPES

S.No.	Candidates	Dates & Time	Venue
1	Physical Fitness Test for all BScPE candidates names alphabet A—to --M	06-09-2022 at 8.00 am onwards	University Sports Ground
2	Physical Fitness Test for all BScPE candidates names alphabet N—to --Z and all leftover candidates	07-09-2022 at 8.00 am onwards	University Sports Ground

Physical Fitness only qualifying test. The candidate must appear in all the three items; however he/she is required to qualify in two events out of three.

Submitted for approval

(G.S.Ruhal)
Sports Officer
CCS University, Meerut